

NAME OF THE PROGRAM: Self Discovery Camp

TARGETED POPULATION: Students with disabilities between the ages of 14 and 22-years old who meet Pre-Employment Transition Services (Pre-ETS) requirements. **Update: The TRC-Smyrna Cafeteria will be closed from July 8 through July 19, therefore lunch will not be provided for July sessions.** All students would be day students.



TARGET NUMBER TO SERVE: Maximum of 10

TARGETED TIME FRAME: 9:00 AM – 2:00 PM
July 15th – 19th, 2019

Classes will be held at the Tennessee Rehabilitation Center in Smyrna.

MAJOR EMPHASIS: The Self Discovery Camp will provide participants with an array of fun and interesting experiential activities in the following areas:

- Discovery of personal preferences, interests, needs and strengths (PINS) relevant to future life/work pursuits
- Discovery of possible career pathways that match the participant's PINS
- Discovery of work-based learning experiences in the TRC Vocational classrooms
- Discovery of planning tools for life/school/work transitions
- Discovery of personal workplace readiness (social skills, job seeking skills, and soft skills)
- Discovery of pride and responsibility for self-advocacy

For additional information:

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